

ITA Energy Medicine Convention 2022

Fuelling the placement of ITA practitioners within our world.



Friday 21 to Tuesday 25 October 2022

Padma Retreat Centre 74 Wolfes Pump Road Youngs Siding, Western Australia

Email: itaemassociation@gmail.com

Welcome

Welcome to the inaugural ITA Energy Medicine Convention, brought to you by the ITA Energy Medicine Association Inc. A special event to fuel the placement of ITA practitioners within our world. We invite you to attend for professional development, to network with fellow practitioners, to share ITA wisdom and experiences, and to practice ITA.

Location

Situated in the beautiful wetlands near Youngs Siding Western Australia, Padma Retreat Centre presents the perfect setting to honour ITA Energy Medicine and its Founder, Melaney Ryan.

Acknowledgment of Country

We wish to acknowledge the traditional custodians of the land that we will meet on, the Wagyl Kaip people. We respect their continuing culture and their connection to land, waters and community. We pay our respects to Elders both past, present and emerging.



Program - Day 1 Friday 21 October 2022

2.30pm - Arrive and settle into accommodation at Padma Retreat Centre Chalets and camping.

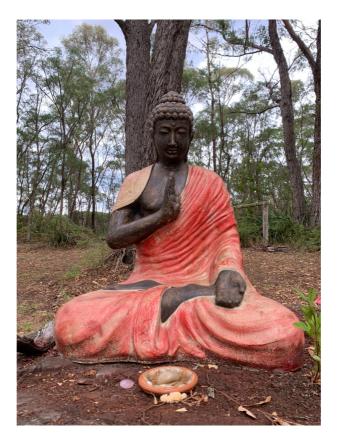
3.30pm - Convention commencement with non-alcoholic welcome drink.

4.00pm - Welcome to Country and cultural significance of the area to the Wagyl Kaip People; the Traditional Owners of the land.

5.00pm - Welcome to Padma Retreat Centre and anchoring ITA Energy Medicine with the founder of ITA, Melaney Ryan.

5.30pm - Free time (1.5 hrs).

7.00pm - Long Table Welcome Dinner.



Program - Day 2 Saturday 22 October 2022

8.00am - Breathing, Grounding & Anchoring.

8.30am - Breakfast.

10.00am - Keynote Speaker - Melaney Ryan.

11.00am - Invited Speaker - Beverly Dallas - ITA historical reflections from a long-standing soul who has held the energy from the start.

11.30am - Master Class - Melaney Ryan - Topic chosen by Melaney.

12.00pm - Lunch.

1.30pm - Invited Speaker - Valarie Coventry - Experiences with using ITA in Solaris Cancer Care in Bunbury.

2.00pm - Invited Speaker - Kirsten Frost - Basic Business Bookkeeping.

2.30pm - Panel Session - ITA Sequence Booklets and videos.

3.00pm - Free time (0.5 hrs).

3.30pm - Forest Walk - we will carpool-drive to Harewood Forest Loop Walk Trail, a 30-minute drive from Padma, for a pleasant and enjoyable forest walk covering 2.8km. Wear sturdy footwear and a hat and bring your water bottle.



7.00pm - Dinner.

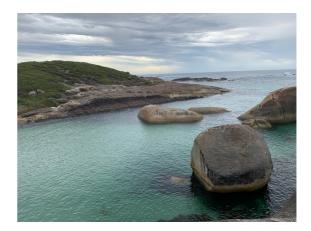
Program - Day 3 Sunday 23 October 2022

8.00am - Invited Online Speaker - Christine Lomangino (USA) - ITA and Autism.

8.30am - Invited Online Speaker - Dr Gina Witt (USA) - Reflections on ITA from a paediatrician's perspective.

9.00am - Breakfast.

10.00am - Treetop Walk, Greens Pool, Elephant Rocks and Waterfall Beach. We will car-pool-drive to these locations. Wear sturdy footwear, a hat and bring your water bottle. Option to bring/wear your bathers for a quick swim.



2.00pm - Lunch.

3.00pm - Panel Session - How to create ITA case studies - an interactive discussion.

3.30pm - Master Class - Melaney Ryan -Topic chosen by Melaney.

5.30pm - Free time (0.5 hrs).

6.00pm - Beach Sunset Walk - we will car-pool-drive to a nearby beach location for a sunset walk along the beach.



7.00pm - Dinner.

Program - Day 4 Monday 24 October 2022

8.00am - Bird Watching with Matthew Totterdell.

8.30am - Breakfast.

10.00am - Guided ITA Movement session - All attendees welcome to join in or watch. Extended discussion about the benefits of ITA Movement to provide a deeper understanding.

11.00am - Keynote Speaker - Melaney Ryan - Vision, goals and tangible actions.

11.30am - Master Class - Melaney Ryan - ITA practical session - sequence chosen by Melaney.

1.00pm - Lunch.

2.00pm - Invited Speakers - Shannon Piotrowski & Melaney Ryan - Gems and Tips from ITA Tier 3. An interactive discussion on the higher-level philosophy and methodology of ITA.

3.30pm - Free time (0.5 hrs).

4.00pm - Prawn Rock Channel - 30 min car-pool-drive from Padma. When the tide is right, the channel is a crystal clear blue. Relax on the bank or take a walk around Dog Island. For those who like to paddle board, this is a great location, however you will need to bring your own paddle board.



6.00pm - Gin Lao Van Dinner

7.30pm - Relax around the fire at Padma.

Program - Day 5 Tuesday 25 October 2022

8.00am - Closing reflections to fuel the placement of ITA practitioners within our world - Melaney Ryan.

8.30am - Breakfast.

9.30am - Pack and depart Padma Retreat Centre by 10:00am.

Registration

To register visit https://www.itaema.com/convention-registration-form

- Early Bird Rate^ Registrations close Friday 26th August 2022
- Standard Rate Registrations close Friday 16th September 2022
- All payments must be received before Friday 16th September 2022.

To qualify for the discounted member rate you must be a 2022/2023 ITAEMA financial member.

Pricing \$AUD

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Member Online Rate *	\$200	\$300
Non-Member Online Rate *	\$300	\$400
Member	\$800	\$950
Member Camping	\$700	\$850
Non-Member	\$1,000	\$1,100
Non-Member Camping	\$900	\$1,000

*Online Price Includes

Group sessions recorded to the best of our ability with access to recordings for a limited time.

In-Person Price Includes

Four nights accommodation at Padma Retreat Centre in Youngs Siding, Western Australia.

All Meals: Dinner on Friday night. Breakfast, lunch and dinner on Saturday, Sunday and Monday. Breakfast on Tuesday morning. Please let us know of any dietary requirements.

Complimentary teas and coffee.

All sessions and outings.

Price Does Not Include

Transport to and from Padma Retreat Centre.

Transport over the duration of the retreat. However, if your car is used to car -pool to an outing we can offer a contribution towards the cost.

Payment Methods

Once you have completed the online registration, you will be sent a request for payment (please allow 7 days).

If you want to pay in instalments you can make a request to do this. All payments must be received before Friday 16th September 2022.

Australian Attendees

Please transfer via direct bank transfer:

ITA Energy Medicine Association, Inc BSB: 016-460 Account number: 2499 36605

International Attendees Please transfer via PayPal to itaemassociation@gmail.com

Presenters



Melaney Ryan



Valarie Coventry

Founder of the Melaney Ryan Institute of Applied Consciousness, Melaney is a fourth-generation energy worker with over 34 years of clinical experience. Her deep understanding of energy led her to develop Integrated Therapeutic Alignment Energy Medicine named in honour of her Grandmother Ita. She has trained with great Masters and worked with thousands of clients who have achieved extraordinary feats of self-healing.

A psychologist and energy practitioner in Bunbury WA. Valarie completed ITA Tier 2 in 2012 and continued her professional development through online study with various energy practitioners, including further ITA modules. Valarie now operates a part time practice in Australind combining counselling and energy medicine and also offers energetic alignments to cancer patients and families at Solaris Cancer Care in Bunbury. During her spare time she is an artist and is working on her second book.

Presenters



Christine Lomangino

A board certified music therapist and approved provider within New York State's Self Direction program for individuals with developmental disabilities. Christine already had extensive experience as an energy therapist prior to 2016 when she began to study ITA Energy Medicine. She has completed ITA Tiers 1, 2 & 3 and all elective modules, is a Certified ITA Practitioner and MRIAC licensed facilitator of ITA Energy Medicine, ITA Learn to Meditate, ITA Energetic Self Care and ITA Movement. She is also the President of the ITA Energy Medicine Association and one of the founding ITA practitioners in the United States. In 2018, she opened the first centre in conjunction with MRIAC in the United States in Bellport, New York.



Dr Gina Witt

One of the founding ITA practitioners in the United States, Gina is a board certified paediatrician, a Certified ITA Practitioner and MRIAC licensed facilitator of ITA Energy Medicine, Children's Mahat Meditation, and ITA Learn to Meditate. She has completed ITA Tiers 1, 2 & 3 and Mental Health and ITA for Animals electives. She has also studied Mahat Meditation Levels 1 to 5 and has run her ITA Energy Medicine clinic since 2016.



Beverly Dallas

A talented and skilled therapist with more than 21 years experience as a health and wellness professional. Beverly has an abundance of knowledge, across many walks of life. Having lived and travelled overseas for a number of years she is well advanced in her own self development. Connected and proficient, when Beverly consciously chose to follow the path of her mentor and teacher, Melaney Ryan, she found her calling as an advanced ITA practitioner. She is one of the founding ITA Energy Medicine Association members, past president and current committee member. Her natural insight, skills and passion for holistic health, enhance her consummate ability to help clients achieve their 'balance'.

Presenters



Shannon Piotrowski

With a background in the financial services industry, Shannon holds a Bachelor of Business degree in Accounting and Management and an Advanced Diploma in Software Development. She commenced studying ITA Energy Medicine in 2016 and her passion for understanding and integrating consciousness is continually unfolding. She has completed ITA Tiers 1, 2 & 3, Mental Health and ITA for Animals electives and participated in the ITA Certification Program. She has also studied Mahat Meditation Levels 1 to 5, is a MRIAC licenced facilitator of ITA Movement and plays an active role in the ITA Energy Medicine Association as Secretary and Social Media Coordinator. Having recently relocated from the city to the country, she is in the process of co-creating an ITA Energy Medicine clinic practice in Vasse, Western Australia.



Kirsten Frost

A registered BAS Agent and Bookkeeper in Perth Western Australia, Kirsten is also an ITA Practitioner, having studied ITA Tier 1 in 2016. She has followed with ITA Tiers 2 and 3 and commenced the ITA Certification Program. She has also studied Mahat Meditation Levels 1 to 5. Kirsten plays an active role in the ITA Energy Medicine Association as Treasurer and Membership Officer, and is a licenced facilitator for the Melaney Ryan Institute of Applied Consciousness.

Terms and Conditions

If the event is cancelled, the costs already incurred by the ITAEMA will be calculated and any excess remaining funds will be refunded back to those who have paid; in direct proportion with the amounts that each attendee has already paid.

The convention program is a guide. There may be adjustments or amendments made and you will be kept informed. The program will only be provided in electronic format, so you may wish to bring a printed copy with you or save it to an electronic device. Weather conditions may affect outdoor activities.

Attendees acknowledge, agree and are aware that:

- I am participating in the ITA Energy Medicine Convention 2022 at my own risk. I agree that any accidents or unfortunate events that may take place are not the responsibility of the ITA Energy Medicine Association Inc. or the responsibility of any of the individual Association members.
- I acknowledge that if the event is cancelled, the costs already incurred by the ITAEMA will be calculated and any excess remaining funds will be refunded back to those who have paid; in direct proportion with the amounts that each attendee has already paid. I may not receive a refund.
- Transport to and from the Padma Retreat Centre is not included.
- I understand that I will be staying in a shared room.
- I have read, understood, and agreed with the information provided in this convention program.

Cancellations

If you need to cancel your registration, please let us know as soon as possible by sending an email to itaemassociation@gmail.com

If we can re-fill your spot, we will fully refund you. If not, you will receive a partial refund based on costs already incurred by the ITAEMA.

Accommodation

All accommodation is on a shared basis.

Wolfes Landing Chalet - capacity 7 people

The downstairs level of this house includes 2 bedrooms. There is a bathroom and separate toilet.

The upstairs level includes 1 bedroom with views over the lake. There is a separate toilet upstairs.

This house has a fully equipped kitchen and a large living and dining area, with a very large slow-combustion heater and fans in all the rooms. Downstairs has a large deck with outdoor seating. There is an outdoor balcony upstairs with seating overlooking the lake.

There is wifi available.





Nullaki Chalet - capacity 7 people

This single level house includes 2 bedrooms with a deck overlooking the paperbark and karri trees. There is a bathroom and a separate toilet.

This house has a fully equipped kitchen and a large living and dining area, with a very large slow-combustion heater and fans in all the rooms. There is an outside deck with outdoor seating.

There is wifi available.



Camping - capacity 7 people

There are a designated number of places for people who wish to camp for the duration of the Convention.

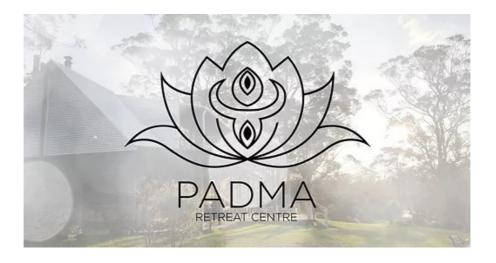
This accommodation option includes the use of specially built bathroom facilities and access to a small kitchenette area with a kettle, fridge and tea/coffee.

You will need to bring your own tent or swag and all camping gear for your setup.

The organising committee will meet you to help you find your camping spot.

Extending your Stay

If you would like to extend your stay before or after the Convention, **please contact Melaney and Matthew directly** at Padma Chalets - admin@padmachalets.com.au



How to get to Padma Retreat Centre

74 Wolfes Pump Road, Youngs Siding, Western Australia

The driving time from Perth is approximately five hours.

Directions are as follows:

From Perth, the most direct route is via Albany Highway - through Williams and Kojonup to Mount Barker.

At Mount Barker, you will turn right along the Muir Highway (State Route 102) to follow the signs towards Denmark and Manjimup.

After approximately 9km, turn left onto the Denmark - Mount Barker Road. Follow the road to the end T-junction with South Coast Highway (National Route 1), approximately 40km, turn left towards Albany.

After approximately 14km, turn right onto Lower Denmark Road

After 100 metres turn right into Eden Road.

Follow the bitumen and after passing the first small bridge turn left at the next corner where you see a sign for Marbellup Farm then continue on the bitumen following the roadside signs towards the blueberry farm.

After crossing another small bridge with new barrier railing on both sides, turn left at Wolfe's Pump Road and follow that track for approximately 700 meters it is unsealed but of good all weather construction suitable for all vehicles.

GO TO THE END OF WOLFES PUMP RD. WE ARE THE LAST PROPERTY ON WOLFES PUMP RD.

Please do not stop in at our neighbours homes. You will arrive at a set of large black steel gates at the entrance. There are two signs at the gate: Padma chalets and Padma retreat centre.

Once on the property follow the signs to find your accommodation – The Nullaki chalet is on your right as you enter our property and Wolfes landing chalet faces the inlet.

PLEASE MAKE SURE you approach our property via Eden Road not Lake Saide Road.

The Eden Road access is all weather, for all vehicle use and clearly sign posted. The Lake Saide road is only for 4WDs and is not suitable for regular vehicles.

Google Maps directions.

https://www.google.com/maps/d/u/0/edit? mid=1vzIrCrS6wQrgC8EBz52AYmLphhdkvKJM&II=-35.013889776622605%2C117 .4908200000001&z=15

What to Bring

- Comfortable clothing, including warm clothing for night-time and it can be chilly during the day too.
- Notepad and pen.
- All camping gear (if camping).
- Torch (or torch on your phone) for walking back to your house/tent at night.
- A meditation mat/cushion/blanket if you are comfortable sitting on the floor. There are chairs available if you prefer to sit in a chair.
- Copy of the Convention Program (you can print a copy at home or bring an electronic copy on your phone).
- Umbrella as there are no undercover walkways between the houses and the training space.
- Water bottle the water at Padma is rainwater. The tannins in the trees cause the water to be slightly coloured. This is safe to drink, but water filters are provided in each house and in the camping area for those who prefer filtered water.
- Hat and sturdy shoes for walking.
- Bathers (if you want to swim).
- Paddle board (if you want to go paddle boarding).

Organising Committee

Melaney Ryan, Beverly Dallas, Shannon Piotrowski, Annette Crisp, Christine Lomangino, Jodi Bassett-Scarfe and Kirsten Frost.

Acknowledgments for the co-creation of this ITA Convention

ITA Energy Medicine Association Inc. Melaney Ryan Institute of Applied Consciousness. Padma Retreat Centre and Padma Chalets.